## CITY OF CHARLOTTESVILLE



## INAUGURAL MARCH FOR MEALS MONTH - MARCH 2022

WHEREAS, on March 22, 1972, President Richard Nixon signed into law an amendment to the Older Americans Act of 1965 that established a national nutrition program for seniors 60 years and older; and

**WHEREAS**, Meals on Wheels America established the March for Meals campaign in March 2002 to recognize the importance of the Older Americans Act Nutrition Programs, both congregate and home-delivered, and to raise awareness about the escalating problem of senior hunger in America; and

**WHEREAS**, the 2022 observance of March for Meals provides an opportunity to support Meals on Wheels programs that deliver vital and critical services by donating, volunteering and raising awareness about senior hunger and isolation; and

**WHEREAS**, the Meals on Wheels program has served the Charlottesville/Albemarle community admirably for 44 years, serving 322 homebound citizens and delivering 66,720 home-delivered meals in 2021; and

WHEREAS, Meals on Wheels volunteers are the backbone of the program, not only delivering nutritious meals to seniors and individuals with disabilities who are at significant risk of hunger and isolation, but also bringing caring concern and attention to their welfare; and

**WHEREAS**, Meals on Wheels of Charlottesville/Albemarle provides nutritious meals to seniors that help them maintain their health and independence, preventing unnecessary falls, hospitalizations and/or premature institutionalization; and

**WHEREAS**, Meals on Wheels of Charlottesville/Albemarle provides a powerful opportunity for social connection for millions of seniors to help combat the negative health effects and economic consequences of loneliness and isolation; and

**WHEREAS,** Meals on Wheels of Charlottesville/Albemarle deserves recognition for the heroic contributions and essential services they have provided amid the COVID-19 pandemic and will continue to provide to local communities, our State and our Nation long after it is over.

**NOW, THEREFORE, I, J. Lloyd Snook, III, Mayor of the City of Charlottesville,** do hereby proclaim March 2022 as the 1st Annual March for Meals Month in Charlottesville and urge every citizen to take this month to honor our Meals on Wheels programs, the seniors they serve and the volunteers who care for them. Our recognition of, and involvement in, the national 2022 March for Meals can enrich our entire community and help combat senior hunger and isolation in America.

Signed and sealed this 7th day of March 2022.